

**Adoration, Community, Theology, and Service
Life Long Learning (ACTS L3) – Journeyman
“Catholic Life Skills” for Prison Ministry**

Summary

Participants seeking a faith-based approach to personal development are welcome, although this program does embody the core competencies of the Catholic Church and Lay Faithful. The curriculum provides an increased awareness of the Vocation of Lay People in all temporal affairs to our incarcerated communities.

Participants will engage in fellowship, self discovery and social re-entry preparedness. Activities will assimilate a doorway or threshold of change to decisions and actions which consequently led to incarceration. Several resources are employed leading to a journeyman style of discovery to lifelong learning. The program strives to create an active community with a positive influence.

Course Overview

- Three Stages of development consisting of Retreating, Building and Journeying.
- Each Stage contains activities with outcome based didactic and performance assessments, to inspire a desire to lead a spirit led lifestyle.
- Participants receive encouragement and motivation to apply the skills, knowledge, and abilities gained through an engaging curriculum to instill lifelong learning desire.
- Coordinators (brother & sister volunteers) in collaboration with various Unit chaplains will provide support and guidance for each stage.

RETREATS

Spiritual retreats are conducted using an ACTS Missions, Kolbe Prison Retreat or similar venue to stimulate a spiritual awareness or renewal experience. Depending on the particular facility's previous activity schedule variations may apply. **Prior retreat participation is not a requirement to participate**, however retreat participation is strongly encouraged as soon as possible.

BUILDING

The Building Stage consists of four Modules: Adoration, Community, Theology and Service. Learning activities will focus on establishing various methods to "...seek the kingdom of God by engaging in temporal affairs and directing them according to God's will..." (CCC 898, p. 258).

The curriculum design encompasses a combination of the Analyze, Design, Develop, Implement, and Evaluate process and the Understanding by Design models. Each Module will contain several lessons, which are self-paced and volunteer or peer facilitated. Small group instruction and individual face to face will be the primary delivery method. **The essential common curriculum thread of knowing, loving and serving God through the participation of lay people in Christ's priestly, prophetic, and kingly office binds all activities.**

The Modules are as follows:

Adoration- "Be Still"

- Personal Relationship with God (*Lessons: Knowing God & His Revelation, Self Assessment, Knowing Yourself & Behavior*)
- Prayer Life (*Lessons: Commitment & Types of Prayer, Prayerful Actions*)
- Maintaining Strength (*Lessons: Applying & Fortifying*) Spiritual Warfare (*Lessons: Critical Thinking & Overcoming Challenges*)

Community – "Two or More"

- Love One Another (*Lessons: Meaning of Community & Cultural Awareness, Victim Viewpoint*)
- Praise & Worship (*Lessons: Types of Community Prayer & Fellowship*)
- Ministering Together (*Lessons: Leadership, Parish & Small Church Community*)

Theology - "One Bread One Body"

- Faith Formation [RCIA not included] (*Lessons: Church History & Doctrine etc.*)
- Laity Vocation (*Lessons: Evangelize, Share & Support the Body of Christ*)
- Discipleship (*Lessons: Living a Christ-like life & Calling*)

Service - "Here I Am"

- Assess & Identify (*Lessons: Talent Inventory & Development Plan*)
- Decide & Act (*Lessons: Going Forth & Action Planning*)

JOURNEYING

The Journeying Modules provides resources for participants to use on their journey to the room Our Father has prepared for them. Activities include Silent Retreats, Spiritual Direction, Guest Speakers (i.e. monastic lifestyle), and other activities to encourage continual discernment and understanding of God's will.

Goal

The ultimate goal is to instill a faith-based lifestyle seeking the betterment of oneself and the community. This is accomplished by active participation in the preparation for re-entry into general society or continued growth and positive contribution toward the incarcerated community.

For more information you can contact Kolbe Prison Ministries or St. Pius X Prison Ministry at clair@kolbeprisonministriessa.org